



RidgeGate

ENDODONTICS

Your Root Canal Therapy has been completed today. A **temporary filling** has been placed in your tooth. Although this material creates a very effective seal, it begins to break down after about **3 weeks**. Please contact your general dentist to schedule an appointment to have this tooth permanently restored. I will mail a summary of your treatment and copies of your x-rays to your general dentist.

It is normal to experience mild post-operative discomfort after Root Canal Treatment. This occurs as the tissue around the tips of the root heal. This can feel like mild pressure or a squeezing sensation or a mild dull throb. Usually, the discomfort lasts 3-4 days and gets better as time progresses. Your tooth may also be mildly tender to biting or chewing. This is normal and should be resolved within a couple of weeks.

The best method to control post-treatment discomfort is to take Over-The-Counter Ibuprofen (Advil, Motrin, etc.) I recommend 600mg of Ibuprofen taken regularly every 8 hours for the first 24-48 hours post-treatment. If you still have some discomfort while taking the Ibuprofen you may add 1000mg of Acetaminophen (Tylenol) taken every 8 hours. If you are unable to take Ibuprofen, 1000mg of Acetaminophen taken every 8-12 hours is recommended. I recommend you take your first dose within the first hour after leaving and continue to take it regularly for the first 1-2 days, even if you experience no discomfort at all. Controlling the inflammation at the end of the root with this medication is the key to keeping your discomfort to a minimum.

On rare occasion, the tissues around your root overreact to the Root Canal Treatment. Should you experience swelling and fever, please contact me. I can be reached at **RidgeGate Endodontics**. If it is a true emergency that cannot wait until the next business day, please contact me at **720-507-2241**.

Sincerely,
Kerri Lawlor, DDS
Practice Limited to Endodontics

10107 RidgeGate Parkway, Ste G20. Lone Tree, CO 80124
P: 720.507.2241 / F: 720.507.2221 / E: info@ridgegateendo.com